

Trowbridge Lions Club Risk Assessment – 10K Run (The Race)

Risk Assessment No: TLC/FR-10

Activity	Hazard	Whom Affected	L	C	R	Mitigation / Control	Responsible	
Phase 1 (Start to MP 5)	1. Traffic on Lambrok Road 2. Traffic joining Lambrok Road region of MPs 1 - 5	A. Runners B. Marshals C. Vehicle Occupants D. Public (4)	1A 1B 1C 1D 2A 2B 2C 2D	2 2 2 2 2 2 2 2	3 2 1 2 2 1 1 1	6 4 2 4 4 2 2 2	<ul style="list-style-type: none"> Marshals (wearing High Visibility vests) on Lambrok Road Road closed to traffic during start of race until runners leave road 'Runners Present' warning signs placed at strategic locations on Lambrok Road Marshals to be given H&S Brief prior to dispersing to their Marshalling Point 	Activity Lead Marshals (1 – 5)
Phase 2 (MPs 7 – 8)	1. Slips/trips whilst crossing restricted access footbridge	A. Runners B. Public	1A 1B	2 1	3 2	6 2	<ul style="list-style-type: none"> H&S brief given to runners prior to start of race to warning of the presence of and limitations associated with the footbridge The Marshals to control access to the footbridge by the public when runners are in the vicinity 	Activity Lead Race Starter Marshals (7&8)
Phase 3 (General)	1. Exhaustion 2. Slips/trips/cuts/collision 3. Animal attack	A. Runners B. Marshals (5) C. Public	1A 1B 1C 2A 2B 2C 3A 3B 3C	3 1 1 3 1 1 2 2 1	2 1 1 2 2 2 2 4 4 1	6 1 1 6 2 2 4 4 1	<ul style="list-style-type: none"> Route to be walked, hazards identified and removed, prior to race event H&S Brief given to runners prior to race start, warning of problems areas/conditions Water Stations to be placed at strategic location(s) Qualified First Aiders to be in attendance (<i>Contact means to be briefed to Marshals</i>) Warning notices on entrances to park 	Activity Lead Race Starter Marshals
Phase 4 (MP5 to Finish)	1. Traffic on Lambrok Road and joining from side roads	A. Runners B. Marshals C. Vehicle Occupant D. Public (4)	1A 1B 1C 1D	2 2 2 2	3 2 1 1	6 4 2 2	<ul style="list-style-type: none"> H&S given to runners prior to start to remind runners on road safety Runners will be strung out by this stage Marshals to warn road users, and direct runners as required 'Runners Present' warning signs placed at strategic locations on Lambrok Road 	Activity Lead Race Starter Marshals (5 - 1)

Notes:

1. Comply with instructions given by the Event Sponsor and/or Local Authority H&S Advisor
2. Copy of the event Risk Assessment is to be available at the Race Admin post for reference
3. MP – Marshalling Point
4. Public includes race spectators, and First Aiders
5. **First Aid Team contact details/method to be briefed as required**

Key: R: Scale of Risk (L x C)

L: Likelihood of Hazard occurring		Scale	C: Consequence should the Hazard happen		Scale of Risk	Description	Action
Frequent	Likely to occur many times	5	Catastrophic	National impact / Loss of life	13 – 25	Unacceptable risk	Very high risk (19-25): Must be eliminated or moved to a lower level.
Probable	Likely to occur several times	4	Critical	Major accident / injury			Significant risk (13-18): Approval must be sought before continuing
Occasional	Some times	3	Serious	Serious incident. Lost time injury	8 – 12	Undesirable risk	Must be avoided if reasonably practical. Seek approval to continue
Remote	Unlikely but possible	2	Marginal	First aid accident	3 – 7	Acceptable risk	Can be accepted, provided that the risk is managed
Improbable	Very unlikely / Assume never	1	Negligible	Very Minor. Little consequence	1 - 2	Negligible risk	No further consideration needed